Vitamins and minerals, once plentiful in the food supply, have been diminishing over the years as manufacturing processes have evolved to meet financial pressures. Studies have shown that as much as 70% of the population could be experiencing vitamin and mineral deficiencies that could adversely affect their body’s healthy function and ability to resist disease.

Still, most people don’t realize just how critical micronutrients are to their health. If the body doesn’t get the vitamins and minerals it needs, cellular processes can run ineffectively impacting energy, hormone signaling, and immune system function.

Since the mid-20th century, people have been supplementing with vitamins and minerals which have relied heavily on the recommended daily allowance (RDA) established by the government right after World War II. Since then, both individuals and health care professionals have realized that, though maybe a decent baseline, the RDA is insufficient for supporting optimal health and an active lifestyle.

In contrast, Extreme ProFormance Elemental Vitamins and Minerals are based on custom vitamin research. They’re made in America with pharmaceutical-grade ingredients of the highest quality and purity, including amino acid chelated minerals which dramatically increase absorption, driving nutrients into the cells more efficiently.

Instead of promoting the latest nutritional fad; we focus on the 13 vitamins and 18 minerals essential to achieve optimal health and maintain a strong immune system. Good health and longevity require regular exercise, a healthy diet, and the kind of precise nutrient targeting you get from Extreme ProFormance Elemental Vitamins and Minerals.

So don’t settle for “drugstore shelf” vitamins when you can fortify your body with a targeted multi-vitamin/multi-mineral formula based on cutting-edge, custom vitamin research.