

# L-Glutamine

**ESSENTIAL AMINO ACID  
(injectable)**

Amino acids are the building blocks of proteins in the body. L-Glutamine is the most abundant amino acid in the body and is most commonly found in muscles, in particular the skeletal muscles. It's involved in more metabolic processes than any other amino acid. Some studies suggest that L-Glutamine is a powerful "brain fuel. In addition, it is used by white blood cells to help bolster immune-system function.

L-Glutamine increases your ability to produce human growth hormone which helps the body break down fat more quickly while supporting muscle growth.

## Benefits of L-Glutamine,

- Accelerates Wound Healing and Recovery
- Promotes Growth Hormone Production
- Helps Prevent Muscle Loss
- Improves Brain Function
- Suppresses Insulin Production
- Bolsters the Immune System
- Improves Intestinal Health
- Increases Protein & Glycogen Synthesis -- Critical for Creating Muscle Mass

L-Glutamine is a natural neurotransmitter that helps chemicals in the brain transmit information. It can help improve memory, alertness and the ability to focus.

During intense training, L-Glutamine levels are greatly depleted, which can decrease strength, stamina and your body's ability to recover. L-Glutamine helps prevent muscles from breaking down during times of stress or strenuous exercise. L-Glutamine also increases your ability to secrete human growth hormone, which helps to metabolize body fat while promoting new muscle growth. Its anti-catabolic properties help prevent the breakdown of existing muscles. This is particularly useful when you're trying to get rid of body fat without losing muscle.

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L-glutamine levels are significantly depleted during intense workouts decreasing your strength, stamina and ability to recover quickly. L-glutamine helps prevent muscles from breaking down during times of stress or strenuous exercise. It also promotes growth hormone production, which helps to metabolize body fat while supporting new muscle growth.

*A valid prescription is required.*

**At Andrologix Health and Wellness, we use only the highest quality, pharmaceutical grade products under strict quality controls.**

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**(877) 741-6069 | andrologix.com**

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