

Instructions for the use of injectable Trimix (Papaverine/ Phentolamine/ Alprostadil)

DO NOT USE BEFORE READING THESE INSTRUCTIONS!

Risks: Risks include, but are not limited to scarring, infection, and priapism (*prolonged erection*). If the erection lasts more than 4 hours, seek immediate medical attention.

Important Tips:

1. Never inject into the top or bottom of the penis
2. Avoid veins and inject directly into the penis between the base and mid-portion
3. Properly dispose of the used syringe and needle.
4. You must use a new needle and syringe each time you inject.

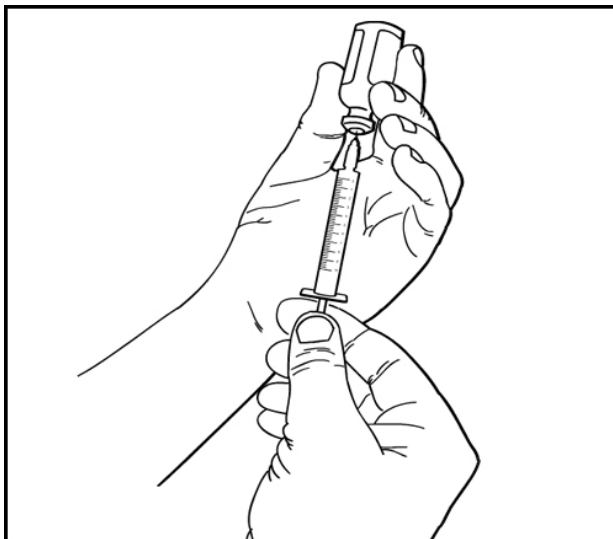
TRIMIX SELF-INJECTION PROCEDURE

Step 1: GETTING SET UP

- a) Proper hygiene is important. Wash your hands and keep the penis clean.
- b) Assemble the following: bottle of Trimix, alcohol pad, syringe with needle
- c) Keep the Trimix cold by returning the bottle to the refrigerator as soon as possible

Step 2: PREPARE THE SYRINGE

- a) Wipe the rubber top of the vial with an alcohol pad.
- b) After removing the cap of the needle, pull the plunger back to fill the syringe with air.
- c) Insert the needle through the rubber top of the vial and inject the air into the vial.
- d) Turn the vial, with needle and syringe inserted, upside down. Pull back on the plunger in a slow and steady motion until the prescribed dosage is reached (*see figure 01*).



(figure 01)

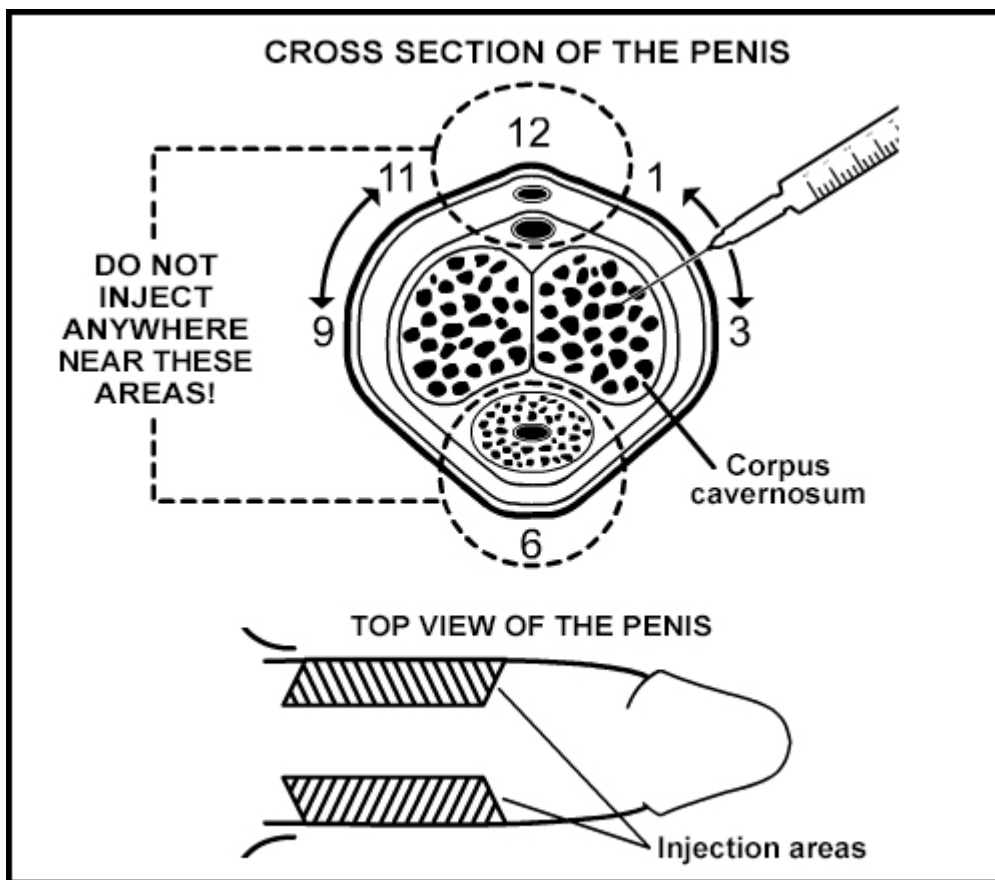
Penile Injection Therapy: TRIMIX

- e) Tap the side of the syringe to allow any air bubbles to float towards the needle. Avoid having these air bubbles in the syringe when self-injecting by first injecting out any collected bubbles that may have formed.
- f) Remove the needle from the vial and replace the protective cap on the needle.
- g) You must use a new needle and syringe each time you inject.

Step 3: SELECT AND PREPARE THE SITE FOR INJECTION

- a) The proper location for injection is in the Corpus cavernosum between the base and mid-portion of the penis, between the 9 to 11 and 1 to 3 o'clock positions, (see figure 02).

Avoid the midline because of the potential for injury to the urethra (6 o'clock) and the penile arteries and nerves (12 o'clock). Avoid any visible veins or arteries on the surface.

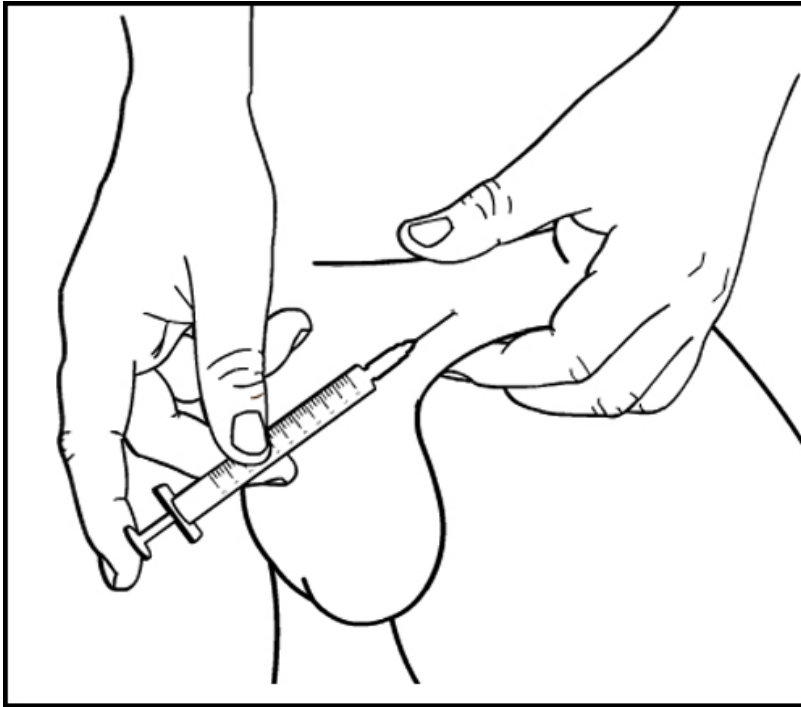


(figure 02)

- b) Grasp and pull the head of the penis toward the side of your leg with the index finger and thumb. While maintaining light tension, select a site for injection.
- c) Clean the site with an alcohol pad.

Step 4: INJECT TRIMIX AND APPLY COMPRESSION

- a) With a steady and continuous motion, penetrate the skin with the needle at a 90 degree angle. The needle should then be advanced to the hub. Slight resistance is encountered as the needle passes into the proper position within the erectile tissue (corporeal body).



(figure 03)

- b) Inject the Trimix over approximately 4 seconds. Withdraw the needle from the penis and apply compression to the injection site for approximately one minute. **Several minutes of compression may be required to avoid bleeding, especially if you are an aspirin user.**
- c) Replace the cap on the needle and dispose of it properly.

By signing, I acknowledge that I have read and understand the above procedure. I am aware of the risks and benefits associated with using Trimix, and would like to proceed with the therapy.

PATIENT'S PRINTED NAME

DATE

PATIENT'S SIGNATURE