

3-WEEK DETOX PLAN



WHY DETOXIFY?

In today's hectic world, we are constantly bombarded with environmental toxins; absorbed through our skin, in the air that we breathe, and the food that we eat.

Household cleaners, pesticides, pollution, and chemicals from food packaging can contribute to a build-up of toxins. In addition, consuming fast food, alcohol, caffeine, and sugar can make it more difficult for your body to detoxify naturally.

Detox diets have become very popular with those trying to lose weight and boost their immune system, but some celebrity fad diet trends can end up doing more harm than good!

To be sure your detox plan is safe and effective, you need to provide the essential nutrition and sufficient calories to sustain your body's healthy function

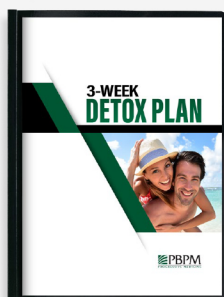
A healthy detox diet plan can help your body to flush toxins and eliminate free radicals, aid weight loss and improve digestion, boost your metabolism, enhance cognitive function, and increase your energy levels. Our 3-Week Detox Plan does this by replacing harmful food choices with healthier options, opting for powerful detoxifying foods supported by anti-inflammatory nutrients.

MAXIMUM DETOX

Our Detox Plan combines state-of-the-art research on detoxifying foods and the supporting anti-inflammatory supplements to ensure you're getting the maximum cleansing benefits while maintaining healthy nutrition.

Our NatraCalm capsules contain a proprietary blend of enzymes like protease and trypsin, and natural herbs like turmeric and ginger root, to help stop the production of inflammation-causing proteins. This can help reduce inflammation associated with joint pain and stiffness.

Our delicious berry-vanilla NatraDetox powder is specifically designed with nutrients and antioxidants to help your body rid itself of harmful toxins, promote a healthy metabolism, remove free radicals, and help repair damage on a cellular level.



EXPERT GUIDANCE

In addition, our 3-Week Detox Plan includes a comprehensive supermarket buying guide to help you make the right food choices to maximize your success, along with some sample meal ideas to help you get on the right track.

We designed the plan so you can quickly and easily prepare healthy meals at home with low-calorie, highly nutritious ingredients that are readily available at your local supermarket.

These statements have not been evaluated by the Food and Drug Administration (FDA). These products are not meant to diagnose, treat or cure any disease or medical condition. Please consult your doctor before starting any exercise or nutritional supplement program or before using these or any product during pregnancy or if you have a serious medical condition.

